THE SENIOR CENTER BROADCASTER

EXCITING BUILDING UPDATES:



A New Chapter for Our Senior Center!

We're thrilled to announce the beginning of a new chapter for the Northeastern Senior Center! With our future move into the new building, we are taking exciting steps forward to better serve our members and the community.

This is a Transition...Why Your Presence Matters

Your participation at the center is vital. Grant funding depends on demonstrating active use of our space, which helps us continue to provide enriching programs and activities. When you join us in Strinestown for fitness classes, or in Mount Wolf for additional fitness classes, social events, or special activities, you're not just enriching your day—you're helping us secure the resources needed to keep the center thriving.

A Safer, More Efficient Space for Home Delivered Meals

One of the most essential services we support is the **Home Delivered**Meals Program, which is operated entirely by dedicated volunteer drivers. Having our base of operations at the new building will provide a safer, more efficient environment for meals distribution and ensuring volunteers can safely pick them up. With improved parking this critical program will continue to

serve the community with ease and care.

New Activities in Our New Space

We're excited to introduce scheduled activities in the **Activity Rooms!**



WEEKLY ACTIVITIES @ STRINESTOWN

What's Next?

As we move forward, we'll continue to expand the programs and opportunities available at the new location. Whether it's joining a class, volunteering, or simply stopping by for a visit, your involvement plays a critical role in helping us succeed.

Thank you for being part of this exciting journey. Together, we're creating a future where our center isn't just a building—it's a thriving community hub!



NORTHEASTERN SENIOR COMMUNITY CENTER

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UPDATES!

REMODEL FUND DONATIONS:

Susquehanna Lions Club, Tom Bachman, Dorothy Mundis, Erma Schaffner, Audrey Kraft, "In Loving Memory of Peter & Luba Klinina", Judy Strine, Eugene & Robert Lauver, "The Drive By Guy", Dolly & Danielle Roberts, Anonymous Angels, & the Senior Center Jar now totaling \$133,884.

GENERAL FUND DONATIONS:

Beverly Miller, Eugene Miller, John & Margaret Miller, Sonya Alwine, Mount Wolf Borough, Fairview Twp. Resident towards HDM's & Anonymous.

Our Mission

We aspire to: enhance, enrich, enlighten and nourish the lives of our seniors, both active and homebound

WEEKLY ACTIVITIES MT WOLF CENTER

Chair Aerobics..... Mondays @ 9AM (\$ by Donation)

Paint with Holly & Art Club

......Mondays @ 12:15

(\$ by Donation) Monday RSVP dates TBA

Bingo...... Wednesdays @ 12:15

Cost: Bring as many DollarTree/\$1 gifts as you won the week before

Get MovingTuesdays @ 10:15

w/Bonnie (\$ by Donation)

Moving & Grooving Fridays @ 10:15

w/Bonnie (\$ by Donation)

STRINESTOWN CENTER

Zumba GoldTuesdays @ 9AM

w/ Heather Cintron (\$3/Class)

Fitness Class Thursdays @ 10AM

w/Steve Newport (\$3/Class)







LIVE MUSIC ENTERTAINMENT

EVERY WEDNESDAY MORNING

Mark your calendars for your favorites!

Soul House/Amy Flowers1/8 @	9:30
Tony Heath	9:30
Sunnyside Gang1/22 @	9:30
Kirk Folk1/29 @ 1	10:30
Nick DiSanto (One-Man Band) Welcome Back Nick! 2/5 @	9:00
JCM Band	10:00
Soul House/Amy Flowers2/12 @	9:30
Jerry Overby & Derek Reed2/19 @	9:30
Joe Cooney & Friends2/26 @ 1	10:30
Tom Shultz 3/5 @	9:30
Clann Redmond3/12 @	9:30
Occasions DJ/Matthew Cleveland $3/19$ @	9:30
Hillbilly Heaven 3/26 @ 1	10:30

SAVE THE DATE!

Sunday, May 4, 2025 @ 2pm It's our BIGGEST Fundraiser of the Year! GIFT CARD



Doors & Kitchen Open @ 12:30 pm

We welcome donations of gift cards to be used as prizes. You can choose to have your donation published as "In Loving Memory of..." or "In Honor of" someone special. Additionally, we're seeking volunteers to assist on the day of the event, as well as donations of baked goods, gift baskets (please, no alcohol), and door prizes. Your generosity and support help make our event a success—thank you!

Tuesday, April 1, 2025 @ 9AM or Tues April 15th @ 4PM

CALLING ALL OUR VOLUNTEERS It's time to Allow us to Humbly Honor You!

This year, we're excited to offer *TWO* opportunities to show our appreciation for everything you do—and you're welcome to attend *one or both* events!

Option 1:

Join us here at the center for a breakfast with special music by Amy Flowers from Soul House—a perfect way to start your day!

Option 2:

Enjoy a special dinner hosted by Country Meadows at 4 PM on Tuesday, April 15, 2025, as a heartfelt thank-you for your service.

(Menu TBD—details to come!)

Kindly RSVP by Monday, March 24, 2025, to let us know which event you will attend.

A HEARTFELT "THANK YOU"



A big Thank You, to our handyman, Duane Close for fixing member's rollators brakes! Not only safer, but makes game playing so much easier.



On the Horizon...

Jan 2nd

Creatures Great & Small Is Back!

10AM Join us for exciting an intergenerational program featuring our LIU and Penn Mar Volunteers. This educational traveling petting zoo brings an incredible variety of animals to enjoy-parrots, mini chickens, doves, a hairless cat, a dog, rabbits, guinea pigs, a chinchilla, rats, mice, a small alligator, geckos, snakes, and turtles!

Jan **27**th **10AM**

Drayer Physical Therapy "Managing Low Back Pain"

While staying active, learn how to combat those aches and pains through stretching and strengthening regimes that can be performed at home or in the gym.

Jan 28th

12:15PM

Historian Scott Mingus presents Civil War Murder Mysteries of **York County**

Four interesting murder stories from York County, PA – a Louisiana Confederate soldier, a Union courier, a dead man in a field, and the killing of a black Confederate slave. Whodunnit?

Jan **30**th

10-11:30 12-1:30

Lego Play!

Join us for an interactive Lego Play session, sponsored by Penn Cares and led by Deb Allen.

This fun program is designed for seniors, promotes socialization, reduces isolation, and supports brain health. Choose from two sessions: 10:00-11:30AM or 12:00–1:30PM (snow makeup date: Feb. 6).



Our Christmas Party was truly magical, thanks to the incredible support of so many! A huge thank you to Tom Elhajj for the delicious meal, Gloria Confer for the stunning Christmas Cactus centerpieces, Haring Tree Farm for the fresh and festive Christmas tree, Bob Bowman for stepping into Santa's boots, and Brian Pitt (Holly's brother-in-law) for bringing The Grinch to life with his entertaining impersonation.

We appreciate you all!

Feb 3rd

Bob Reigh Trivia

Bob usually joins us on Wednesdays, but thought we'd try him on another day of the week due to some scheduling conflicts. A rousing fun game that keeps the mind sharp!

10AM

Feb

13th



Valentine's Day **Vow Renewal** w/ Pastor Eddie

"Celebrate love this Valentine's Day! Join us for a special vow renewal ceremony led by Pastor Eddie. Whether you're newlyweds or have been together for decades, it's the perfect way to rekindle the romance and celebrate your journey together.

Sign up and plan to bring family/friends to celebrate your renewal. Please **RSVP before 1/17** if you are interested. We'll supply the refreshments for afterwards too.

Mar 26th

9:30AM

Visiting Angels presents The Evolution of Senior Care in the US

Join Jill for an insightful presentation. Learn how senior care has changed over the years and what it means for you today!

LIHEAP



The Pennsylvania LIHEAP program offers heating assistance for incomeeligible households. For the 2024-2025 season,

households of 1 qualify with annual incomes up to \$22,590, and 2-person households qualify up to \$30,660. Emergency crisis grants are also available for heating system breakdowns, shortages. fuel or shutoff threats. Assistance is provided promptly, often within 10 days. Applications are open from November 4, 2024, to April 4, 2025. Applications are available here at the Northeastern Senior Center, or you can apply online or stop in at the county assistance office and they will help you fill out the application.

MONTHLY ACTIVITIES

PLEASE NOTE Haircuts & Massages:

Must be @ Center between 10-10:30 and will be taken in the order you have signed up. No Show, you will be skipped or put at the end of the list. **No Walk-Ins!**

MONDAYS

Haircuts by Missy Miegle

Dry Cut & Basic Style ONLY Cost \$12

Socrates Café

Anne Vendy Moderators 1st Mondays @ 10AM

Notes of Healing Music Therapy

w/Taylor Hood**2nd Mondays @10AM** This is all about you and the joy of music!

TUESDAYS

NEW! Stitchin Time .. 1st Tuesdays @ 12:15PM

w/Rosie & Carrie beginning Jan 7. (April & Dec will be 2nd Tuesday) Learn to sew/repair your own clothes, get advice, and help make lap robes for our community outreach.

BRUNCH BUNCH 2nd Tuesdays

««Reservations Required««

Meet each month with escort, Margaret Miller

Stonybrook2/11 @ 10AM 3560 E. Market Street, York

Bob Evans3/11 @ 10AM

1125 Carlisle Rd, York

You will meet at a local restaurant each month with escort, Margaret Miller

WEDNESDAYS

Free Blood Pressure Screenings

by Kara.....**1st Wednesdays** @ **9:30AM**

Free Sugar Checks & BP's

by Barb Kuhn, RN4th Wednesdays @ 9AM

Chair Massages by Brenda Dettrey, LMT 1st & 3rd Wednesdays \$15/15 mins.....@ 9:00AM Please note Jan only date changes (1/8 & 1/22)

Millek's Sub Sales

Orders Due: 2nd Wednesdays Delivery: 3rd Wednesdays

THURSDAYS

Chair Massages by Brenda Dettrey, LMT 1st & 3rd Wednesdays **\$15/15 mins.....** @ 12:15 Please note Jan only date changes (1/8 & 1/22)

 $\textbf{Muscle Mechanics} \ with \ \textit{Steve Newport} \ (\$3/\textit{Class}$

2nd & 4th Thursdays@ 9AM

Property Tax/Rent Rebate

Appts. w/Espe of State Rep Joe D'Orsie

1st Thursdays@ 9AM

Beltone @ Home

Quarterly free services to clean/check/repair hearing aids **by Special Appt. Only!** 1/23 @ 9-12 MUST check with staff for scheduling Offers free services to clean/check/repair hearing aids as well as hearing tests

2025 dates: 4/24, 7/31, & 10/30.

Iris Paper Folding

Craft beautiful cards & projects with Missy!
......1st Thursdays @ 9AM

1st Quarter Dates 1/2, 2/6 & 3/6
Reservations Required (\$3/Class)

FRIDAYS

Crafting & Games with the Otterbein

Dragonflies & Grasshoppers

1st Fridays (Sept-May)9:15AM

Join us for crafting & games with the kids upstairs!

Birthday Bash.....2nd Fridays @11:15AM

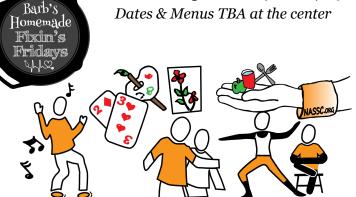


Join us to honor and celebrate our members' birthdays occurring within that month! A BIG Thank you to *Country Meadows* for suppling our monthly birthday cake!

Homemade Fixin's Fridays

.....2nd & 4th Fridays

January Dates: 1/10 & 1/24



2024 MONTHLY SUB SALES

by Millek's Subs & Aunt Lydia's Pretzels

12" subs...\$7 • Pretzel sandwiches...\$6 ders due 2nd Wednesday o

Orders due 2nd Wednesday of each month (before noon). Pickup/ Delivery & Money is the following

week, 3rd Wednesday (10am-1pm) Jan-Nov. For monthly subscriptions, please inquire at the center in person or by phone for more information. Thank you for your continued support! (Complete details available on order forms at the front desk.)

WELCOME NEWBIES!

Emily Boyer Shirley Gray-Brenneman Phil Deardorf Virginia Farrell Diane & Sam Garman Sharon Madden Gayle Moser Rosie O'Connell Glenda & Laverne Shearer Anthony & Janet Yannella

WARM WELCOME BACK!

Donna Bupp, Kimberly & Elaine Danley

WELCOME NEW VOLUNTEERS!

Greg Proctor, Brian Mckenna, & Rosie O'Connell, Halie Brackbill, & Makenna Crist from York College

NEEDING PRAYERS:

Jim Weaver, Phyllis Bollinger Barb Forry & Kip Cheaney



- January
- 1 Debra Aldrich Glenn Forry
- 2 Linda Boerner
- 3 Katherine Erdman
- 4 Erma Schaffner Pamela Sowers
- 5 Gwen Bainbridge
- 8 Nancy Hoover Jav Rentzel
- 9 Mike Werner
- 10 Ned Blymire
- 11 Sharon Madden
- 12 Rosie O'Connell
- 22 Alicia Leiter Dave Mickley Jovce Miller
- 25 Dianna Weiss
- 26 Ken Hoover, Jr.
- 29 Deb Erb
- 30 Kelly Thomson

FEBRUARY



- 2 Pastor Eddie Miller Jennifer Springart
- 3 Fran Keller **Emma Peters**
- 5 Donna Jerzerick
- 6 Walt Haring Esther Miller Connie Zeplin
- 7 Darene Krouse

- 10 Shirley Fritz
- 11 Frances Dimio
- 12 Bob Willis
- 13 Kip Cheaney
- 14 Linda Brenneman Deb Davis Deanna Eberly Dianne Fox Charles Stambaugh
- 15 John Moramarco
- 19 Virginia Farrell
- 20 Pat Haring Lona Klinina Karen Lutke
- 23 Sue Hershey
- 26 Pauline Lenz
- 27 Robin Huyett Royce Weirich

MARCH



- 2 Linda Glusco
- 4 Beverly Andrews Nancy Shatto **Cathy Trimmer**
- 5 Raymond Emig Randall Sower
- 6 Mae Tetreault

- 11 Sherry Beck Kathryn Strickhouser
- 12 Carol Jones
- 15 Joie Henney Frank Zeplin
- 20 Claire Jordan
- 21 Atty. David Mills

- 23 Sundra Heiland
- 25 Tom Brenner Kathy Shimmel
- 27 Vance Andrews
- 28 Kenneth Heindel, Jr.
- 29 John Lantz
- 31 Tammy Streett

NASSC STAFF

Deb Davis— Executive Director Missy Adams—Assistant Director Holly Sarti—Administrative Assistant

Kitchen & Activity Aide

Alicia Leiter

Daily Volunteers

Gloria Confer, Pat Haring, Barb Kuhn & Bonnie O'Neil



We are proud to pay a very special tribute to Gloria Confer (Deb's mom), who has been a daily volunteer at the Senior Center since September 2002, after retiring from York Bank & Trust. Gloria's dedication to our staff and members over the years has been extraordinary. She continues to handle our banking, answer phones, tally daily attendance, assist with fundraising, coordinate sign-ups for activities and bus trips, and serve as our "special angel" by mailing greeting cards to everyone—sometimes as many as 30 a week!

Gloria has hinted that she plans to retire permanently once we move into the new facility, but we're all hoping she will reconsider. Her unwavering support and kindness have been the heart of the

center, and we simply can't imagine doing it without her.

Please take a moment to let Gloria know how much she is appreciated—and maybe, just maybe, we can convince her to stay a little longer.

Love you, Mom!

2025 DINNER THEATER SHOWS

***You must be a member over 65 years old & registered with the Rabbit Bus. Rabbit bus fares are always subject to fare increases that are not under our control. Costs include admission, tip, & Rabbit bus.



DEPARTURE
@ 10:15am
Cost: \$83

June 5th 2025— We Will Rock You
July 24th 2025—Wizard of Oz
August 28th 2025—The Buddy Holly Story
November 20th 2025—Holiday Inn



DEPARTURE
@ 10am
Cost: \$83
Unless otherwise noted

May 13th 2025 —Miss Fannie's Biscuits September 16th 2025—Stolen

A HEARTFELT "THANK YOU" To ALL for their Donations!

Community Donations: Donors of food and other goodies are cherished too: Karn's Foods, Country Meadows (b-day cakes and Covid tests), S & H Express, and "The Drive By Guy".



FYI: The daily lunch meal is paid by the YCAAA and the cost is \$3.75 (under 60 guests pay full price) and by donation from members. **Please note** that our funding continues to be based on the number of meals **you** order and eat. To keep our doors open, we must average 40 meals a day (53 to meet past funding), so it is very important that you help

us! It's easy enough, just call before **10am one business day ahead** to order and if you can't make it, call ASAP, so we can find another member to eat that meal. A donation jar is at the serving counter as seniors are expected to donate, \$3 or what they can afford, for the meal. *Thank you for your support!*

Our Center's Wish List - Here's How You Can Help!

We're working on exciting upgrades to our new home, and **monetary donations** to our **Remodel Fund** will help make it a reality—thank you for your generosity!

In the meantime, we have ongoing needs for everyday essentials here at the center:

★ ! LOTS of Tissues



* Small & Large Paper Plates



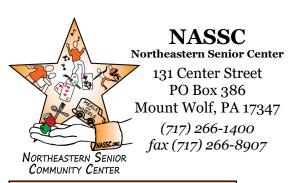
Your contributions help us keep things running smoothly while we anxiously await our move. Thank you for your kindness and support!



JANUARY 2025



No	rtheastern Senio L TUESDAY	Northeastern Senior Center • 717-266-1400 (Mon-Fri 8am-2pm) Lunch served at 11:30am TUESDAY WEDNESDAY THURSDAY	(Mon-Fri 8am-2pm) n THURSDAY	FRIDAY
JOIN US: Everyday At 8am For Koffee Klatch / P&P Call Us Before 10:00am <u>At Least One (1)</u> Business Day Ahead To Order Meals & I Bus Transport Calendar Subject To Change Without Notice & Cha	JOIN US: Everyday At 8am For Koffee Klatch / P&P Games Call Us Before 10:00am <u>At Least One (1)</u> Business Day Ahead To Order Meals & Rabbit Bus Transport Calendar Subject To Change Without Notice & Changes Often Due To Very Early Printing.	Center Closed HAPPY NEW YEAR	9:00 Iris Paper Folding 9:00 Higher or Lower 10:00 Fitness Class 10:00 Creatures Great & Small 10-1PM Penn Mar & LIU Visitors 12:15 Wii Bowling	8:00 Koffee Klatch 9:15 Daycare Visitors 10:00 Moving & Grooving 11:00 Chase's/ Announcements 12:15 Members Choice
9:00 Zumba Gol 9:00 Left-Right-C 10:00 Get Moving 12:15 Members Ch 12:15 Stitchin Tim	9:00 Zumba Gold 9:00 Left-Right-Center 10:00 Get Moving 12:15 Members Choice 12:15 Stitchin Time	MILLEK'S ORDERS DUE 8:00 Social Hour/ P&P Games 9:00 Massages 9:30 Blood Pressures 9:30 Soul House: Amy 12:15 Bingo	7:30 Board Meeting 9:00 Muscle Mechanics 10:00 Fitness Class 10-1PM Penn Mar & LIU Visitors 10:00 Pass the Pigs 12:15 Wii Bowling	8:00 Koffee Klatch 9:00 Large Scrabble 10:00 Moving & Grooing 11:30 Monthly Birthday Bash & Homemade Fixins' 12:15 Members Choice
NO ZUMBA GC 9:00 Relay Races 10:00 Brunch Bunch 10:00 Get Moving 12:15 Chickenfoot	NO ZUMBA GOLD 14 Relay Races D Brunch Bunch 0 Get Moving 5 Chickenfoot	MILLEK'S SUB PICKUP 8:00 Social Hour/ P&P Games 9:30 Cahoots: Tony & Darryl 12:15 Bingo	9:30 Chapel Time with Pastor Eddie 10:00 Fitness Class 10-1PM Penn Mar & LIU Visitors 10:00 Now Ya Got It!\$2-3 Wrapped Gift Needed! 12:15 Wii Bowling	8:00 Koffee Klatch 9:00 Cornhole 10:00 Moving & Grooving 11:00 Chase's/ Announcements 12:15 Members Choice
NO ZUMBA (9:00 Rummikub 10:00 Get Moving 12:15 Wii Bowling	21 NO ZUMBA GOLD Committed Comm	8:00 Social Hour/ P&P Games 9:00 Massages 9:30 Sunnyside Gang 12:15 Bingo	9:00 Beltone @ Home Cleaning Appts 9:00 Muscle Mechanics 10:00 Fitness Class 10-1PM Penn Mar & LIU Visitors 10:00 Apples to Apples 12:15 Wii Bowling	8:00 Koffee Klatch 9:00 Beanbag Poker 10:00 Moving & Grooving 11:30 Homedmade Fixins' 12:15 Members Choice
9:00 Zumba Gold 9:00 Parlor Games 10:00 Get Moving 12:15 Scott Mingus Presents: "Ci	Zumba Gold 28 Parlor Games Get Moving Scott Mingus Presents: "Civil War	8:00 Social Hour/ P&P Games 9:00 Sugar & BP Checks 9:30 Kirk Folk 12:15 Bingo	10-11:30 Lego Play Group 30 #1 (One) 10:00 Fitness Class 10-1PM Penn Mar & LIU Visitors 12:00-1:30 Lego Play Group #2 (Two)	8:00 Koffee Klatch 9:00 Ladder Golf 10:00 Moving & Grooving 11:00 Chase's/ Announcements 12:15 Members Choice



CENTER CLOSURES

1/1 New Year's Day

1/20 Martin Luther King Jr. Day

2/17 Presidents Day

seniorstars@nassc.org www.nassc.org

Find us on Facebook!
NortheasternSeniorCenter

COMMUNITY SERVICE PROJECTS Our Winter Drive is Underway!

Caps For Kids: make and/or collect caps, scarves, gloves for children of the Northeastern School District. **

Lap Robes: for our HDM clients, nursing homes, & members in need.

Collecting Old Eyeglasses & Cases: Susquehanna Lions Club

Collecting Old Hearing Aids & Batteries:Beltone @ Home













This newsletter includes the activity calendar for the first month of each quarter only. Activity calendars and menus are available prior to the last week of each month at the center or you can download them from our website.